



## **BACHELOR OF SCIENCE (Exercise Science)**

*KCTCS transfer plan*

---

### ***KCTCS AA General Education***

<b>Course</b>	<b>Course Title</b>	<b>Semester Hours</b>
ENG 101		3
ENG 102		3
COM 181		3
Heritage		3
Humanities		3
PSY 110		3
PSY 223		3
MAT 150		3
BIO 137		4
BIO 139		4
STA 220		3
	<b>TOTAL</b>	<b>35</b>

### ***Additional KCTCS Classes Required for this Major***

BIO 150/151		5
BIO 152/153		5
CHE 170/175		5
CHE 180/185		5
PHY 201/202		4
PHY 203/204		5
AHS 120		1
PTA	Complete ALL PTA Requirements	40
	<b>TOTAL</b>	<b>70</b>

**WKU Classes Required for this Major**

EXS 122	Foundations of Kinesiology	3
EXS 311	Physiology of Exercise	4
PE 312	Basic Athletic Training	3
EXS 324	Measurement and Evaluation	3
EXS 313	Motor Learning and Control	3
EXS 325	Applied Exercise Physiology	3
EXS 412	Exercise Testing and Prescription	4
EXS 420	Clinical Exercise Physiology	3
EXS 436	Principals of Strength and Conditioning	3
EXS 446	Biomechanics	3
EXS 455	Exercise and Aging	3
	<b>TOTAL</b>	<b>35</b>
<b>TOTAL PROGRAM HOURS</b>		<b>140</b>

**Program Notes**

- This program is for students who complete their PTA through KCTCS
- This program meets all requirements to apply for WKU's DPT program.

To make an advising appointment:  
WKU in Elizabethtown go to [wkuadvising.as.me](http://wkuadvising.as.me)  
WKU in Glasgow go to [wkug.as.me](http://wkug.as.me)  
WKU in Owensboro go to [wkuo.as.me](http://wkuo.as.me)

Last updated  
8-29-25