



BACHELOR OF SCIENCE Exercise Science

KCTCS transfer plan

KCTCS General Education

Course	Course Title	Semester Hours
ENG 101	Intro to College Writing	3
ENG 102	Writing in the Disciplines	3
COM 181	Oral Communications	3
Heritage	Choose One	3
Humanities	Choose One	3
PSY 110	General Psychology	3
S&B Science	Choose One	3
S&B Sciences	Choose One	3
MAT 150	College Algebra	3
BIO 137	A&P 1	4
CHE 170 & 175 Or CHE 140	College Chemistry Or CHEM 105	4

	TOTAL	35
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Additional KCTCS Classes Required for this Major

BIO 139	A&P 2	4
NFS 101	Human Nutrition	3
SFA 100	Safety & First Aid	1
PHY 201 & 202	College Physics	5
PHY 203 & 204	College Physics 2	5
BIO 150 & 151		5
BIO 152 & 153		5
CHE 180 & 185		5
AHS 120		1
STAT 220		3
	TOTAL	37

WKU Classes Required for this Major

EXS 122	Foundation of Kinesiology	3
EXS 223	Intro to Exercise Science	3
EXS 296	Practicum in EXS	3
EXS 310	Kinesiology	3
EXS 311	Physiology of Exercise	4
PE 312	Basic Athletic Training	3

EXS 313	Motor Learning	3
EXS 324	Measurement and Evaluation	3
EXS 325	Applied Exercise Physiology	3
EXS 412	Exercise Testing & Prescription	4
EXS 420	Clinical Exercise Physiology	3
EXS 436	Principals of Strength and Conditioning	3
EXS 446	Biomechanics	3
EXS 455	Exercise and Aging	3
EXS 496	Internship in Exercise Science	6
	TOTAL	50

TOTAL PROGRAM HOURS	122
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Program Notes

- 42 upper-level hours required
- Program restrictions: Complete all classes listed with a “C” or better.
- There is no required minor for this program. However, completing a minor or certificate is encouraged for students not planning on attending graduate school. Students often need to take additional hours to earn the 120 hours required for graduation.

To make an advising appointment:
 WKU in Elizabethtown go to wkuadvising.as.me
 WKU in Glasgow go to wkug.as.me
 WKU in Owensboro go to wkuo.as.me

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