

August 28, 2024

RE: Agency Information

# To Whom It May Concern:

This document is to provide a description and overview of the Vision and Mission of RISE Mental Health and Wellness, PSC, as well as to provide a job description for student R. Boyer during her internship placement with out agency.

### Mission:

The mission of RISE Mental Health and Wellness is to deliver quality services which enhance the wellbeing of our clients in all areas of their lives while equipping them with the tools, abilities, and confidence to pursue goals and aspirations without insecurity.

### Vision:

Our vision is to be a progressive leader and facilitator of change within the community and to improve the perception of mental health concerns collectively.

#### Values:

Honesty-Integrity-Leadership-Diligence-Respect-Achievement-Compassion-Understanding-Openmindedness

# **Student Internship Duties:**

- Participate in shadowing therapy sessions with a variety of clientele in a rural demographic across a variety of settings (home, office, telehealth, and school)
- Participate in shadowing of Targeted Case Management contacts to develop an understanding of the importance of their role in our
  community while also being proactive in exploring resource linkage for clients that we serve at the agency
- Assist in the development of treatment plans, crisis/safety planning, and other important documentation pertinent to the treatment
  process
- Assist agency employees in identifying resource barriers in the community while brainstorming ways that the agency can help the community overcome or mitigate these barriers
- Participate in lesson planning for the Adult Therapeutic Rehabilitation program
- Work with site supervisor to explore ethical dilemmas, potential biases, and other concerns/issues as they arise
- Engage in community events with agency employees to promote mental/behavioral health awareness
- · Other duties or responsibilities that arise during the course of internship

Please reach out to me at <a href="mailto:ashleybrake@risemhw.com">ashleybrake@risemhw.com</a> with questions, concerns, etc. We look forward to partnering with you and providing this opportunity for this student.

Respectfully,

Ashley Brake, M.Ed., LPCC-S Owner/Executive Director

Therapist

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