

Scottsville Counseling Center

Mission: Our mission is to provide quality, affordable mental health services for the communities we serve. We seek to create a safe and comfortable atmosphere for each client built on a personal, tailored approach that offers tools and resources for achieving a new, healthier path forward.

Vision/Values:

Community Accessibility

Our hearts are close to home and our vision is to ensure rural areas do not lack access to quality, engaging mental health services. Based in rural South Central Kentucky, we understand the lack of professional therapy resources in rural environments. We are rooted in the belief of offering the best quality, affordable care to our community and other rural communities with our services.

By staying ahead on emerging trends, tools, and resources (along with utilizing tried and true approaches that are evidence based), and providing accessible options through online therapy, we strive to give you access to the best care possible at an affordable cost.

Confidentiality

You are the expert of your journey and should have the most choice and voice in determining your approach to care. There are several efforts that we make to ensure that your therapy journey is confidential and ends with better outcomes.

1. No electronic documentation. Protecting your medical information is very important to us. Medical record security breaches occur left and right with a patient's medical information once it's entered into database systems for insurance and record purposes. By choosing to not keep electronic records, and protecting your written records behind enhanced security, we are protecting your personal information. We retain your documents for the time necessary and then we professionally shred them.
2. No insurance copays. Let's face it, our insurance system is not perfect. When paying for therapy services with insurance, you can face challenges such as limited sessions and a third party evaluating your progress and need for therapy. By offering our services at an affordable, out-of-pocket rate, we're able to protect your information. Why? We value giving you, the expert in your journey, the most choice and voice in determining your approach to your care. Ultimately, this is a sacred investment, and we want to honor that.

Convenience

Meeting you where you are is the most important thing to us. Online therapy is a way to offer private, convenient, affordable, and portable therapy. By virtually meeting with you where you are, your therapist/counseling session can be on your time and in your favorite setting. You are able to take sessions from the comfort of your home or conveniently while traveling for work.

Utilizing the Zoom platform, we're able to provide a HIPPA compliant, user friendly, and private way to do therapy. This also offers access to our services from those who do not live directly in our area. Physical limitations can make appointments difficult but online therapy is convenient and affordable.

Sustainability

As a team of solution-focused therapists, our goal is to help you uncover your true potential and lead a life that is worth celebrating. While we can't change difficult situations of the past, we can work together to better understand and resolve challenges in your life. By applying complementary therapy approaches and techniques, we will unearth long-standing behavior patterns or negative perceptions that may be holding you back from experiencing a more fulfilling and meaningful life.

Once we have accomplished this, our hope is that we have equipped you with the tools and resources necessary to not have to be reliant upon therapy for an extended amount of time.

Authenticity

By honoring your investment, giving you the most care and choice in your journey, directing and guiding you in your experience, we hope we are helping you to uncover your true potential.

Job Description:

At Scottsville Counseling Center, we offer mental health counseling and holistic wellness services to people in north-Central Tennessee and across all of Kentucky. We are seeking an intern who excels in communication, creativity, initiative, and organization to support our community outreach efforts. Possible responsibilities include, but are not limited to:

- Develop and/or nurture partnerships in the local community
- Represent the practice at networking/promotional events
- Create mental health and wellness educational campaigns for social media and newsletters
- Maintain collection of referral options and clinical resources
- Support in developing and implementing educational or support groups
- Sit in on individual, couple, and family sessions as clients and schedule allows
- Attend weekly case consultation meeting

Additional tasks may be available as students or staff identify opportunities. Students seeking specific learning experiences are welcome to ask about or propose relevant options.