

Program of Study: Clinical Mental Health Counseling (CMHC) - Residential 2, 3, 4 Years (60 hours)

See Counseling Standard Class Times document for time and date offerings. Possible elective course options are noted in red font; electives can be taken outside of the Department pending advisor approval.

CMHC with School Counseling eligibility must take CNS 590, 568, 548 and 549 as electives.

A "B" must be earned in CNS 554; CNS 555; CNS 558; CNS 559; CNS 560; as well as in practicum and internship courses.

FALL COHORT		
2-year plan	3-year plan	4-year plan
Fall 1	Fall 1	Fall 1
CNS 555 Social & Cultural Diversity CNS 559 Techniques of Counseling CNS 560 Professional Studies CNS 588 Family Systems Counseling	CNS 555 Social & Cultural Diversity CNS 559 Techniques of Counseling CNS 560 Professional Studies	CNS 555 Social & Cultural Diversity CNS 560 Professional Studies
Spring 1	Spring 1	Spring 1
CNS 554 Group Counseling CNS 558 Theories of Counseling CNS 567 Diagnosis & Treatment Elective Course Options CNS 590 (SC-Eligibility only); CNS 647°/667°; CNS 583°/606°	CNS 554 Group Counseling CNS 558 Theories of Counseling CNS 567 Diagnosis & Treatment	CNS 554 Group Counseling CNS 558 Theories of Counseling
Summer 1	Summer 1	Summer 1
CNS 556 Dev Career Counseling CNS 591 Practicum CNS 592 Crisis Counseling Elective Course Options CNS 568; CNS 569	CNS 556 Dev Career Counseling CNS 592 Crisis Counseling	CNS 556 Dev Career Counseling CNS 592 Crisis Counseling
Fall 2	Fall 2	Fall 2
CNS 598 Research & Program Eval CNS 596(1) Internship CNS 637 Theories of Addiction Elective Course Options CNS 548	CNS 588 Family Systems Counseling CNS 598 Research & Program Eval CNS 637 Theories of Addiction	CNS 559 Techniques of Counseling CNS 588 Family Systems Counseling
Spring 2	Spring 2	Spring 2
CNS 552 Testing & Assessment CNS 557 Human & Family Dev CNS 596(2) Internship Elective Course Options CNS 549; CNS 647°/667°; CNS 583°/606°	CNS 552 Testing & Assessment CNS 557 Human & Family Dev Elective Course Options CNS 590 (SC-Eligibility only); CNS 647°/667°; CNS 583°/606°	CNS 557 Human & Family Dev CNS 567 Diagnosis & Treatment
	Summer 2	Summer 2
	CNS 591 Practicum Elective Course Options CNS 568; CNS 569	Elective Course Options CNS 568; CNS 569

Fall 3	Fall 3
CNS 596(1) Internship Elective CNS 548	CNS 598 Research & Program Eval CNS 637 Theories of Addiction
Spring 3	Spring 3
CNS 596(2) Internship Elective Course Options CNS 549; CNS 647°/667°; CNS 583°/606°	CNS 552 Testing Assessment Elective Course Options CNS 590 (SC-Eligibility only); CNS 647°/667°; CNS 583°/606°
	Summer 3
	CNS 591 Practicum
	Fall 4
	CNS 596(1) Internship Elective Course Options CNS 548
	Spring 4
	CNS 596(2) Internship Elective Course Options CNS 549; CNS 647°/667°; CNS 583°/606°

Spring Cohort		
2 ½ year plan	3 ½ year plan	4 ½ year plan
Spring 1	Spring 1	Spring 1
CNS 554 Group Counseling CNS 557 Human & Family Dev CNS 558 Theories of Counseling CNS 567 Diagnosis & Treatment	CNS 554 Group Counseling CNS 557 Human & Family Dev CNS 558 Theories of Counseling	CNS 554 Group Counseling CNS 558 Theories of Counseling
Summer 1	Summer 1	Summer 1
CNS 556 Dev Career Counseling CNS 592 Crisis Counseling Elective Course Options CNS 568; CNS 569	CNS 556 Dev Career Counseling CNS 592 Crisis Counseling	CNS 556 Dev Career Counseling
Fall 1	Fall 1	Fall 1
CNS 555* Social & Cultural Diversity CNS 559* Techniques of Counseling CNS 560* Professional Studies CNS 588 Family Systems Counseling	CNS 555 Social & Cultural Diversity CNS 559 Techniques of Counseling CNS 560 Professional Studies	CNS 559 Techniques of Counseling CNS 560* Professional Studies
Spring 1	Spring 2	Spring 2
CNS 552 Testing & Assessment Elective Course Options CNS 590 (SC-Eligibility only); CNS 647°/667°; CNS 583°/606°	CNS 552 Testing & Assessment CNS 567 Diagnosis & Treatment Elective Course Options CNS 590 (SC-Eligibility only); CNS 647°/667°; CNS 583°/606°	CNS 557 Human & Family Dev CNS 567 Diagnosis & Treatment
Summer 1	Summer 2	Summer 2
CNS 591 Practicum	CNS 591 Practicum	Elective Course Options CNS 568; CNS 569
Fall 2	Fall 2	Fall 2
CNS 598 Research & Program Eval CNS 596 Internship 1 CNS 637 Theories of Addiction Elective Course Options CNS 548	CNS 598 Research & Program Eval CNS 596 Internship 1 CNS 588 Family Systems Counseling	CNS 555 Social & Cultural Diversity CNS 588 Family Systems Counseling
Spring 2	Spring 3	Spring 3
CNS 596 Internship 2 Elective Course Options CNS 549; CNS 647°/667°; CNS 583°/606°	CNS 596 Internship 2 Elective Course Options CNS 549; CNS 647°/667°; CNS 583°/606°	CNS 552 Testing & Assessment Elective Course Options CNS 590 (SC-Eligibility only); CNS 647°/667°; CNS 583°/606°
	Summer 3	Summer 3
	Elective Course Options CNS 568; CNS 569	CNS 591 Practicum

Fall 3	Fall 3
CNS 637 Theories of Addiction Elective Course Options CNS 548	CNS 598 Research & Program Eval CNS 596 Internship 1
	Spring 4
	CNS 596 Internship 2 Elective Course Options CNS 549; CNS 647°/667° ; CNS 583°/606°
	Summer 4
	CNS 592 Crisis Counseling
	Fall 4
	CNS 637 Theories of Addiction Elective Course Options CNS 548