

Evan Exercise

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OBJECTIVE

Obtain an internship with Velocity Sports Performance Group to apply my research experience and expand my knowledge in the field of exercise science and sports medicine.

EDUCATION

Western Kentucky University	Bowling Green, KY
<i>Bachelor of Science in Education</i>	May 2023
Major: Exercise and Sport Science	GPA: 3.80/4.00

SHADOWING EXPERIENCE

WKU Career Center Education Excursion	Bowling Green, KY
<i>Shadowing</i>	March 2022
<ul style="list-style-type: none">• Explored healthcare careers with professional networking visits to the Kentucky Department of Public Health, Shepherd Center, and Children's Healthcare of Frankfort• Attended 3 panels with public health professionals, physical/occupational therapists, speech language pathologists, rehabilitation therapists, and child life specialists• Gained insight regarding collaborative and interdisciplinary approaches to healthcare• Accompanied professionals on site tours and observed daily protocol, patient interactions, and use of assistive technology and rehabilitative devices	

WKU Sports Care Center and Rehab	Bowling Green, KY
<i>Shadowing</i>	August 2021 - May 2022
<ul style="list-style-type: none">• Assisted patients in 1-hour appointments with stretching and exercises for 15 hours weekly• Recorded and filed daily logs of patients' activities and progress• Prepared patients and equipment for electrical stimulation treatments• Applied ice, heat packs, and proper wrappings for patients	

RESEARCH EXPERIENCE

Non-Invasive Exercise Muscle Physiology Lab	Bowling Green, KY
<i>Research Assistant</i>	August 2022 – Present
<ul style="list-style-type: none">• Study how activity and inactivity influence health of people with chronic diseases• Gather arm and leg cardiovascular measurements to determine muscle blood flow• Use equipment to assist electrical stimulation training of people with spinal cord injuries	

LEADERSHIP EXPERIENCE

WKU Sport Management Club	Bowling Green, KY
<i>President</i>	January 2022 - Present
<ul style="list-style-type: none">• Lead 75+ members in bi-weekly meetings through industry discussions• Recruit club members and appoint all 5 officer positions• Oversee fundraising efforts with a team of 4, raising \$300 per semester• Write and send weekly emails to Correspondence Officer for distribution to club members	
<i>Member</i>	August 2020 - Present
<ul style="list-style-type: none">• Build relationships with local business leaders in the sports management field• Network with professionals in the field by attending bi-monthly Networking Nights	

Warren County Parks and Recreation	Bowling Green, KY
<i>Basketball Camp Coach/Coordinator</i>	May-July, 2021 - 2022
<ul style="list-style-type: none">• Instructed 60-70 1st – 9th grade athletes on skills development for 10-12 hours weekly• Designed 90-minute interactive sessions to help youth understand safe techniques• Collaborated with 4 coaches in a team-related environment• Created camp schedules for distribution to coaches, referees, and volunteers	